Wrist Mitts (Crochet Version)

Pattern designed by Nirvana Padilla in 2023 and donated to Ethical Yarn Community. All rights reserved.

Pattern Notes

In this version, the cuffs have a ribbing, but this could be replaced with whatever style of stitch you like. Once you have the number of stitches around your wrist, she is your oyster.

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Ingredients

• Yarn: any weight from lace to bulky

Tools

- A crochet hook to match your yarn
- Yarn needle for weaving in the ends (optional)

Abbreviations

Ch - chain

Sc - single crochet

SI st - slip stitch

Hdc - half double crochet

Fpdc - front post double crochet

Special instructions:

Invisible join: https://lookatwhatimade.net/crafts/yarn/crochet/crochet-tutorials/crochet-invisible-join-vs-slip-stitch-join/

Begin with the finger loop

Ch 8-15 for loop:

- Try on your middle finger and tug a little for comfort adjusting
- Write down the number of ch _____ (to match the second mitt later)

Join with sc to first ch

Ch 3

2 sc in ch 1

Ch 2

Turn

(Sc in same sp as ch 2

sc into the top of the ch2 from previous row

Ch 2, turn)

(repeat) until triangular swatch is visibly below the wrist bone on top of your wrist





• End with right side up at bottom right corner

Write down the number of rows you did _______

Ch 2

Hdc up right side

Write down number of hdc

• I alternate hdc in space, hdc in seam, but it will vary with the style of yarn and ch size

Sc around finger loop as many ch as beginning loop ch

Hdc down other side

• Match # of hdc on other side

Try on the mitt

Hold the corners comfortably closed on the inside of your wrist

Chain to attach corner to corner

- This will vary based on preference, yarn weight, and hook size
- Write the number of ch down

Attach with sl st

Ch 2

Hdc around bottom of mitt - Including ch corner to corner

Attach w sl st at top of ch 2

• Write number of hdc down

Ch 3

Turn

Dc around

Join w sl st to top of ch 3

**Ch3

Turn

Fpdc in next st

{Dc in next st

Fpdc in next st}

Once you come all the way around join w sl st to top of ch 3**

repeat until cuff is at desired length

On last sl st: option to invisible join

Cut yarn + weave all ends

Repeat instructions for the second mitt, matching the numbers you wrote down.

Below are two versions I made with the same pattern.







