Wrist Mitts (Knit Version)

Pattern designed by Ellie Sine in 2023 and donated to Ethical Yarn Community. All rights reserved.







This pattern lets you show off a bit of special yarn. You can use anything! Something handspun, something really interesting that you lost the tag to, anything!

There is no gage, no swatching, and no sizes. Choose yarn and some needles that seem appropriate and go.

No sizes, yet since hands are such a personal part of us to fit, there may be times when it will be necessary to pull back some rows and re-adjust.

The pattern begins with a loop for the finger, then increases to create a triangle. When the triangle reaches the wrist, cast off and work the cuff in the round.

Ingredients

- Yarn: any weight from lace to bulky (sample was made with 20 grams DK weight yarn, about 73 yards)
- Buttons or decoration

Tools

- A circular needle that seems appropriate for the thickness of the yarn. When in doubt, use a larger size needle. (Sample was made using 6mm needles.)
- Double-pointed needles the same size as the circular needles
- Darning needle
- Crochet hook (optional)

Abbreviations

KFB – Knit into the front and then the back of the stitch.

YO – Bring yarn from back to front between the needles. Bring yarn over the right-hand needle moving it again to the back of the work.

First Mitt

Loop:

Crochet Version -

- Crochet a chain that is 3 inches (7.5cm) long.
 - ☐ Write the number of chain stitches here (to use for the second mitt) _____
- Slip stitch the ends together to form a loop.
- With a knitting needle, pick up 4 stitches from the chain.

Knit Version -

- Cast on enough stitches to yield 3 inches (7.5cm) when stretched.
 - Write the number of cast on stitches here _____
- K4, then pass the third stitch over the 4th stitch.
- Cast off across until one stitch remains on the left-hand needle.
- Knit that last stitch.

It should look like this:



Turn work and knit across the 4 stitches cinching them into a loop.

Fit Check: Try on to see if the loop fits around the middle finger. If necessary, re-start for a good fit.

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KFB across (8 sts)

Row 1: (right side): Slip 2 sts purlwise with yarn in back, K1, YO, K until 3 sts remain on left-hand needle, YO, K3 Row 2 (wrong side): Slip 2 sts purlwise with yarn in front, purl across.

- Repeat rows 1 and 2 until the bottom ends of the triangle can overlap each other by about 1.5 inches (4 cm) when wrapped around the wrist or until the triangle falls just below your wristbone.
- Stop after working a right-side row.

☐ Write the number of stitches on the needle here _____

- Add a lifeline here as you may need to pull out rows back to this point if the cuff fit is not to your liking.
- Purl all stitches across.

Cuff:

• At the start of a right side row, cast off what equals about 1.5 inches (4 cm) of stitches.

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- Knit across the rest of that row.
- Distribute sts onto DPNs and work remaining live stitches in the round.

Round 1: Purl all stitches

Round 2: Knit all stitches

[When worked in the round, this produces a garter stitch]

- Work this way until the cuff is about 1.5 inches (4 cm) or until desired length.
 - ☐ Keep track of the number of rounds worked, and write the number here _____

End with a knit row, then cast off.

Finishing:

Use the long tail from cast-on to tidy up the finger loop. The aqua sample was tidied by wrapping the yarn around the bottom of the loop four times then using a darning needle to go down and through those wraps.

Turn work inside-out and sew cast off stitches of cuff across the purl bumps.

Sew up the angle of where the inside crosses the outside.

Adorn with a button or decoration if you want.

Second Mitt

The second mitt's instructions differ so that the criss-cross overlap at the bottom of the triangle faces the other way.

Work in the same way as the first mitt for the Loop and the Triangle portions.

At the start of a wrong-side row, cast off an inch of stitches.

On a wrong-side row, cast off what equals about 1.5 inches (4 cm) of stitches. Slip the one stitch on the right-hand needle back to the left-hand needle.

Distribute onto DPNs and continue in garter stitch rounds as for the first mitt.





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